Research Article

An assessment of oxidative stress and antioxidant system activity in alfalfa plant treated with different forms of mineral arsenic

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Abstract

Arsenic (As), a metalloid and an unnecessary element, is highly toxic to living organisms. It can be accumulated in the environment and enter the food chains through uptake by plants. The present study was designed to assess the response of antioxidant defense system of alfalfa to As (As3+, As5+, and As5+) induced oxidative stress at four rates (0, 100, 200, and 300 µM) as a completely randomized design with three replications in the laboratory conditions. Tukey test was used for data analysis. The 90-day seedlings after harvesting, were used to evaluate MDA and H2O2 contents, antioxidant system, including SOD, POD, APX, CAT activities, contents of phenol, flavonoids and anthocyanin. According to the results, root and shoot H2O2 contents of As3+-treated plants, were the highest at the rate of 300 µM and the MDA contents were the highest at the rates of 200 and 300 µM in roots and shoots, respectively. However, in 200 µM of As5+-treated plants, the MDA content showed a significant decline (P≤ 0.05). The antioxidant responses varied with different treatments. Increased free radical scavenging activity was only observed at lower rates of As3+ in the shoots. Consequently it can be concluded that all of three forms of As, induced oxidative stress, which As3+ (300 µM) was more toxic than As5+ and As5+. Nonetheless, the alfalfa plant mitigated As-induced oxidative stress by manipulating the activity of their antioxidant system through increasing contents of total phenol, flavonoids, anthocyanin and changing antioxidant enzymes activities, in different types and rates of As.

Keywords: Arsenic, Enzymatic antioxidant, Medicago sativa L., Non-enzymatic antioxidant, Oxidative stress

Introduction

A serious challenge facing humans is the environmental problems arising from heavy metals, e.g. Cu, Ag, Pb, Ni, Cr, and Cd, and metalloids, e.g. arsenic (Choppala et al., 2014). Arsenic (As), a metalloid from the group 5 of the periodic table, is among the most abundant elements on the earth’s crust so that it is the 20th abundant element on land with the distribution of 1.5-3 mg kg⁻¹ (Zhao et al., 2010; Drewniak and Sklodowska, 2013), the 14th most abundant element in seawater, and the 12th most abundant in human body (Mandal and Suzuki, 2002). This element can find its way into the environment both through the natural resources (volcanic activity, weathering of rocks and stones, hot springs, and so on) and human activities (mining, the use of wood protectors, fossil fuels, As-containing fertilizers and insecticides, and so on) (Zhou et al., 2016; Khalid et al., 2017) and get into human body through food chains after being absorbed by plants and accumulated in their edible parts. In addition, humans can also be exposed to As through As-contaminated drinking water and the breathing of particles in the atmosphere (Bhattacharya et al., 2010). According to the World Health Organization (WHO) and the US Environmental Protection Agency (EPA), the threshold level for As in drinking water is 10 µg L⁻¹ (Zhou et al., 2016). Many people around the world are exposed to the risk of As due to the use of As-contaminated groundwater for irrigation or drinking (Chatterjee et al., 2017). This element is unnecessary for living organisms including plants (Khalid et al., 2017; Zhao et al., 2009; Farooq et al., 2015), furthermore, exposure to As is a serious threat to the health of living organisms, and according to the Agency for Toxic Substances and Disease Registry (ATSDR), As has the leading rank among the top 20 most dangerous substances (Banerjee et al., 2013; ATSDR, 2013). The International Agency for Research on Cancer (IARC) and EPA have classified As and its compounds as group 1 carcinogens that can cause skin, blood and kidney cancers in humans (Mehmood et al., 2017; Abid et al., 2016). Plants are unable to prevent As from entering their cells but can modulate its toxicity by regulating its concentration at a certain level (Srivastava et al., 2015). Arsenic occurs in the Earth crust in organic forms, e.g. monomethyl arsenic acid (MMA), dimethyl arsenic acid (DMA), arsenobetaine, and As-containing sugar compounds, or mineral forms, e.g. arsenates (60%), arsenites, arsenides, silicates, oxides, and elemental form (20%), sulfide and sulfur salts (20%) (Mandal and Suzuki,

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2002). In some researches, have reported that mineral types of arsenic (arsenite and arsenate), are more toxic than its organic types and are carcinogenic (Martinez et al., 2011; Finnegan and Chen, 2012). However, some recent researches have been reported contradictory results (Duncan et al., 2017). Arsenate and arsenite are very similar in structure to phosphate and borate ions respectively. Arsenate can replace phosphate in important metabolic reactions and thus can interfere with cellular processes such as photophosphorylation, oxidative phosphorylation, glycolysis, RNA/DNA metabolism, and ATP synthesis, ultimately disrupting energy flow (Finnegan and Chen, 2012; Shahid et al., 2018). Arsenic creates oxidative stress in plants through generation of surplus ROS (Carlin et al., 2016; Rafiq et al., 2017). MDA, a byproduct of lipid peroxidation, and H₂O₂ are biomarkers of As-induced oxidative stress in plant cells. A considerable increase in the level of MDA and H₂O₂ has been reported in different plants (Singh et al., 2018; Talukdar, 2013).

Plants have several mechanisms to protect themselves against As-induced oxidative stress. Examples are the antioxidant system that includes enzymatic systems such as SOD (superoxide dismutase), POD (peroxidase), APX (ascorbate peroxidase) and CAT (catalase) and non-enzymatic systems such as carotenoids, flavonoids, and phenolic compounds, as well as the modification of damaged compounds (Yoshiyama et al., 2013). Increased activity of superoxide dismutase, catalase and ascorbate peroxidase have been observed by various authors in different plants (Singh et al., 2018; Jin et al., 2010, Talukdar, 2013). They also use the dead cell layers to protect their living tissues against the effects of stress through ROS-induced programmed mechanisms (Ca²⁺ influx and K⁺ efflux) (Demidchick et al., 2014). Understanding the biochemical toxicity of As will be helpful to identify arsenic-tolerant plants that are economically important. Alfalfa (Medicago sativa L.), is a perennial herb plant from pea family (Fabaceae) with a deep root system, so is resistant to drought and its height may be up to one meter. It is one of the medicinal plants which has anticancer, antimicrobial and antioxidant activity. The presence of active constituents (phytochemicals) such as phenolic compounds, flavonoids, alkaloids and saponins in leaves and root of this plant, could be a cause of its therapeutic properties. As well as it has nutritional importance because of some vitamins (A, K, E, C, B₁ and B₆) and nutrients such as zinc, Iron, Potassium and Calcium in its leaves and roots (Karimi et al., 2013; Okwu, 2005; Duggal et al., 2011). Alfalfa is a globally important crop that is used to feed animals and can transfer arsenic to the human body both directly by consumption of its edible parts and indirectly by consuming As-contaminated milk and meat of livestock. So, the present study was aimed to evaluate and compare the toxicity of different types of inorganic arsenic (As³⁺, As⁵⁺ and As(V)) to alfalfa in order to shed light on the antioxidant response of this plant species to different types of arsenic.

**Material and methods**

**Experimental design:** This experiment was conducted in laboratory growth chamber of plant sciences department of Tabriz University in (autumn) 2017. All experiments were carried out as pot culture in a completely randomized design (CRD) with three replications for each treatment at the rates of 0, 100, 200 and 300 µM.

**Seed preparation for pot culture:** The seeds of alfalfa (Medicago sativa L.) were supplied by the Agricultural Research Center of Eastern Azerbaijan province, Tabriz, Iran. Then, healthy and uniform seeds with the same weights were selected to be disinfected with sodium hypochlorite (v/v) 10% for 10 mins. Then, they were washed with distilled water and were dried to get ready for the experiment.

**Preparation of treatment solutions:** To treat the seedlings, certain amounts of sodium arsenate (Na₃AsO₄·7H₂O, Merck, Germany), arsenic oxide (As₂O₅, Merck, Germany) and arsenic (As⁵⁺, Merck, Germany) were used to prepare the aquatic solutions of arsenate, arsenite, and arsenic at the rates of 100, 200 and 300 µM.

**Planting conditions:** The uniform and healthy seeds of alfalfa which were disinfected with sodium hypochlorite 10% were sown at the rate of 50 seeds in plastic pots containing perlite, with a diameter of 13 cm and a height of 13.5 cm under laboratory conditions at a light/dark period of 16/8 hours, a temperature of 25-30°C, a relative humidity of 60-70%, and a light intensity of 12500 lux. Then they were irrigated with distilled water and after one week, Hoagland nutrient solution was also used. The water content of the pots was adjusted at the field capacity after daily weighing. The 45-day seedlings were treated with arsenate (As⁵⁺), arsenite (As³⁺) and arsenic (As⁵⁺) at the rates of 0, 100, 200 and 300 µM. After 45 days, when the symptoms of toxicity emerged at the morphological level, the 90-day seedlings with the same sizes were harvested for the measurements.

**The measurement of oxidative stress indexes:** Hydrogen peroxide (H₂O₂) content was measured by Harinasut et al. (2003)'s procedure. In this way, root and shoot samples were homogenized in 0.1% trichloroacetic acid and were centrifuged at 10000 g for 15 mins. Immediately after that, 0.5 mL of the supernatant was mixed with 0.5 mL of phosphate 10 mM buffer (pH=7) and 1 mL of 1 M potassium iodide and was placed at 25°C for 15 mins. Then plant extract absorption was read at 390 nm with a spectrophotometer (Analytic Jena, Specol 1500, Germany). Finally, H₂O₂ concentration in the samples was calculated based on the standard curve prepared from its different concentrations (0-120 µM) and was recorded in µM g⁻¹ fresh weight (FW) of the organ.

To explore the peroxidation of lipids, malondialdehyde (MDA) concentration was measured...
by Boominathan and Doran (2002)’s method. The plant extract was derived in 0.1% (w/v) solution of trichloroacetic acid (TCA, Merck, Germany) and was centrifuged at 10000 g for 5 mins. Then, the supernatant was mixed with 20% TCA solution containing 0.5% thiobarbituric acid at the rate of 1:4 in a test tube. Then, it was placed in a hot water bath at 95°C for 30 mins. Afterward, the test tubes were quickly cooled down in ice and were centrifuged at 10000 g for 15 mins. Concurrent with the plant extract, standard solutions were prepared from 3.1,1,3 tetraethoxypropane in the range of 0-100 nM, and the absorption of the samples was read at 532 nm with a spectrophotometer. Finally, the MDA content of the samples was calculated in μM g⁻¹ FW of the organ.

The measurement of total dissolved protein content and antioxidant enzymes activity: The plant extract was taken from the root and shoot samples (0.1 g) in potassium phosphate buffer at the rate of 50 mM and pH=7. It was, then, centrifuged at 10000 g at 4°C for 15 mins. The supernatant was used to measure total dissolved proteins and the activity of antioxidant enzymes including catalase (CAT), peroxidase (POD), ascorbate peroxidase (APX), and superoxide dismutase (SOD).

Total dissolved proteins was measured by Bradford (1976)’s method. The light absorption of the samples was read at 595 nm with a spectrophotometer. At the same time, a standard protein solution was prepared with bovine serum albumin (BSA) at the range of 0-20 μg. Finally, total dissolved proteins was calculated in mg g⁻¹ FW of the organ.

SOD enzyme activity was determined by measuring the photo-reduction inhibition of nitro blue tetrazolium (NBT) by the enzymatic extract with a slight modification in the procedure (Winterbourn et al., 1977). Light absorption of the samples was read at 560 nm with a spectrophotometer. The control reaction solution lacked enzymatic extract. One unit of enzymatic extract was used to refer to the amount of enzyme that caused 50% inhibition of photo-reduction of NBT. The specific enzymatic activity was expressed in U mg⁻¹ protein per mins.

Peroxidase (POD) activity was measured by Chance and Maehly (1955)’s method. Light absorption of the samples were read at 470 nm with a spectrophotometer for 3 mins. The control reaction solution had no enzymatic extract. Finally, the enzyme activity was measured by the extinction coefficient of tetruguaicol (25.5 mM⁻¹ cm⁻¹). One unit of activity shows the amount of enzyme that required to oxidize 1 μM of guaiacol into tetruguaicol. The specific enzyme activity was expressed in U mg⁻¹ protein per mins.

Catalase (CAT) activity was measured by Chance and Maehly (1955)’s method according to the decline of light absorption of hydrogen peroxide at 240 nm. Finally, the enzyme activity was measured by the extinction coefficient of hydrogen peroxide (40 mM⁻¹ cm⁻¹). One unit of enzyme activity refers to the amount of enzyme required to decompose 1 μM of hydrogen peroxide in one minute. The specific enzyme activity is expressed in terms of U mg⁻¹ protein per min.

To measure ascorbate peroxidase (APX) activity, the method proposed by Boominathan and Doran (2002) was used. It is based on the oxidation of ascorbic acid and the decline of absorption at 290 nm. The enzyme activity was determined by the extinction coefficient of ascorbic acid (2.8 mM⁻¹ cm⁻¹). One unit of enzyme activity shows the enzyme required to reduce 1 μL of ascorbic acid in one minute. The specific activity of the enzyme was expressed in U mg⁻¹ protein per mins.

The measurement of non-enzymatic antioxidants: Total flavonoid content of root and shoot samples was measured by the aluminum chloride colorimetric assay with some slight modification (Chang et al., 2002). Light absorption was read at 415 nm versus the control with a spectrophotometer. Total flavonoid content was calculated based on the standard curve prepared from different concentrations of quercetin (20-200 μg L⁻¹) and was recorded in mg of quercetin equivalent per g FW.

Total phenol content was measured by the folin-ciocicatelu reagent using Meda et al. (2005)’s assay. Absorption was read at 720 nm with a spectrophotometer. Total phenol content was measured based on a standard curve prepared from different concentrations of gallic acid (0-100 μg L⁻¹, sigma aldrich) and was recorded in terms of mg gallic acid (GA) equivalent per g FW.

Mita et al. (1997)’s method was employed to estimate total anthocyanin content of the samples. The absorption of the samples solutions was read at 530 and 657 nm versus the control with a spectrophotometer. Finally, the total anthocyanin content of the samples was calculated in mg g⁻¹ FW by the equation (1):

$$C (mg) = A530 = (0.25 \times A657)$$

(1)

Meanwhile, A represents the absorption by the solution at 530 and 657 nm and C represents the total anthocyanin content of the samples in mg.

Antioxidant activity measurement by DPPH method: The electron or hydrogen donating potential of the methanolic extracts due to the plant parts as measured according to the DPPH (1,1-diphenyl-2-picrylhydrazly) free radicals scavenging activity (Miliauskas et al., 2004). To do this, 0.1 g of plant sample was ground in a mortar containing 5 mL of 80% methanol and centrifuged at 10000 g for 5 mins. The supernatant was taken to measure antioxidant activity. So, 2 mL methanolic solution of 0.004% DPHH was added to 1900 μL of 80% methanol and 100 μL of the plant extract. The solution was well vortexed and was kept at darkness and room temperature for 30 mins. Then the light absorption of the samples was read at 517 nm by a spectrophotometer. Finally, free radical scavenging percent (%) of the extracts was determined by the equation (2):

$$1\% = \frac{A_{control} - A_{sample}}{A_{control}} \times 100$$

(2)
Meanwhile, $A_{\text{control}}$ shows the control solution absorption read at 517 nm and $A_{\text{sample}}$ represents the absorption of the samples read at 517 nm.

**Statistical analysis:** After the parameters were recorded, the data were subjected to the Tukey test at the $P \leq 0.05$ level with the SPSS ver. 16 software package. The graphs of the mean values of the parameters were drawn by the MS-Excel software package.

**Results**

**Effects of arsenic on parameters related to oxidative stress:** The results revealed that $H_2O_2$ content in the shoot samples was increased by 1.62 and 2 times in the treatments of 200 and 300 $\mu M$ of $As^0$ and $As^{3+}$ respectively (figure 1a) and the root samples in plants exposed to the highest rate (300 $\mu M$) of the treatments ($As^0$, $As^{3+}$ and $As^{5+}$) showed 2.43, 2.55 and 1.87 times higher $H_2O_2$ content than control, respectively (figure 1b).

Similarly, MDA content showed an ascending trend in the most shoot samples. The highest MDA content was observed in the samples exposed to $As^0$, $As^{3+}$ and $As^{5+}$ at the rates of 100, 200 and 300 $\mu M$, respectively, among which the highest one (46.10 $\mu mol$ g$^{-1}$ FW) belonged to the treatment of $As^{3+}$ (figure 1c). The MDA content in the root samples was the highest in the treatment of 200 $\mu M$ $As^{5+}$ and 300 $\mu M$ $As^{3+}$, whereas the treatment of 200 $\mu M$ $As^0$ showed a significant decline ($P \leq 0.05$) in this trait (figure 1d). Overall, among all of the treatments, $As^{3+}$ at the highest rate brought about a higher rate of $H_2O_2$ synthesis in the root and shoot samples than the control (155.30% and 104.5%, respectively).

Plants under oxidative stress, have been found to use the antioxidant system (enzymatic and non-enzymatic) to counteract the negative effects of free radicals. The DPPH radical scavenging activity in the shoots and roots of the control plants was 6.85% $\pm$ 0.09% and 25.86% $\pm$ 4.15% respectively. In the shoot samples of the plants treated with $As^0$ and $As^{3+}$, no significant change was observed in the scavenging activity of this radical. But, the plants exposed to 100 and 200 $\mu M$ $As^{5+}$ exhibited significant positive changes ($P \leq 0.05$) whose maximum was 11.42% $\pm$ 0.89% in the treatment with 100 $\mu M$ (figure 2a). In the root samples of the plants treated with 300 $\mu M$ $As^{3+}$ and $As^{5+}$, a reduction was observed in free radical scavenging activity (figure 2b).

**Antioxidant enzymes activities:** The SOD activity was significantly ($P \leq 0.05$) decreased in all root and shoot treatments, except for a 20.65% increase in the root treatment of 300 $\mu M$ $As^{3+}$ versus the control. The greatest decline of activity (89.5%) was related to the application of 300 $\mu M$ of $As^{5+}$ in root (Table 1). CAT had a descending activity in all root treatments. The lowest activity (0.16 unit mg$^{-1}$ protein) was obtained from the application of 300 $\mu M$ $As^{3+}$. Among the shoot samples, the activity of this enzyme was increased in most treatments so that its highest activity was observed in the $As^0$ and $As^{3+}$ treatments at the rate of 100 $\mu M$ and the $As^{5+}$ treatment at the rate of 200 $\mu M$ (Table 1). The activity of APX differed among the treatments so that it was lower in the root samples treated with 100 and 200 $\mu M$ of $As^0$ and those treated with $As^{5+}$ at all rates. The lowest decline was 60.7% observed in the plants exposed to 300 $\mu M$ of $As^{3+}$, but at 200 $\mu M$ of $As^{3+}$, the activity of this enzyme was maximal (151.5%) versus the control (Table 1). The activity of this enzyme did not significantly change in the shoot samples treated with $As^0$, but when they were exposed to 200 and 300 $\mu M$ of $As^{3+}$ and $As^{5+}$, they showed the highest APX activity (Table 1). The POD activity was increased in the roots treated with $As^0$ at all rates and $As^{5+}$ at the rate of 100 $\mu M$, but the treatment of $As^{3+}$ had an opposing result. In the shoot samples, the treatment of arsenite at all rates, arsenic at the rates of 100 and 300 $\mu M$, and arsenate at the rate of 300 $\mu M$ had a negative impact on the activity of this enzyme (Table 1). The variation trend of total protein content was ascending in the shoot samples of the plants exposed to $As^0$ and $As^{3+}$ with the maximum being 1.79 times higher than the control plants observed in the 300 $\mu M$ treatments of them. The treatment of $As^{5+}$ had an insignificant impact on this trait ($P \leq 0.05$). This trait did not show a certain trend of variations in the roots so that it was insignificant in the treatment of $As^0$, but the highest (2.56 $\pm$ 0.46 and 4.03 $\pm$ 0.30 mg g$^{-1}$ FW) occurred in the plants treated with $As^{5+}$ and $As^{3+}$ at the rates of 200 and 300 $\mu M$, respectively (Table 1).

**Non-enzymatic antioxidants contents:** In the present study, total phenol content in the root samples of the $As^0$ and $As^{3+}$ treatments was the highest (33.8% and 74%) at the rates of 200 and 300 $\mu M$ versus the control (2.34 $\pm$ 0.07 mg g$^{-1}$ FW), respectively. But, no significant change was observed in the $As^{5+}$ treatment ($P \leq 0.05$). In the shoot samples, total phenol content was the highest (17.82% and 16.76%) in the treatments of $As^{5+}$ and $As^{3+}$ both at the rate of 300 $\mu M$ versus the control (3.76 $\pm$ 0.13 mg g$^{-1}$ FW) (Table 2). Total flavonoid content in the root samples was the highest in the plants treated with 100 $\mu M$ of $As^0$, 200 $\mu M$ of $As^{3+}$, and 300 $\mu M$ of $As^{5+}$ (28.38%, 29.27% and 29.04%, respectively) versus the control (0.451 $\pm$ 12.59 mg g$^{-1}$ FW). There were no significant changes in the shoot samples of the plants treated with $As^0$ and $As^{3+}$, but in the treatment of $As^{5+}$ at the rate of 200 $\mu M$, the highest total flavonoid content (23.57%) was observed versus the control (1.40 $\pm$ 0.06 mg g$^{-1}$ FW) (Table 2). Shoot anthocyanin content was the maximal when the treatments were applied at the rate of 300 $\mu M$, among which a 100% increase was observed compared to the control plants (1.04 $\pm$ 0.01 mg g$^{-1}$ FW) in the treatment of $As^{5+}$ (Table 2).

**Discussion**

According to the results of this experiment, contents of $H_2O_2$ and MDA had ascending trend at higher concentrations of treatments. Metalloids such as arsenic
can oxidize fatty acids as the skeleton component of cell membranes and can disrupt the order and organization of membrane lipids by synthesizing surplus H$_2$O$_2$ and MDA, thereby causing numerous physiological impacts such as inactivation of receptors and membrane enzymes, electrolyte leakage, plasmolysis, and serious damages to membranes (Raychaudhuri and Ray, 2017). H$_2$O$_2$ is involved in many stresses, such as arsenic stress (Armendariz et al., 2016; Srivastava et al., 2017; Kazemi et al., 2010). The plants exposed to arsenic stress, the oxidation of lipids is a toxic phenomenon with the most destructive damages (Parkhey et al., 2012; Raychaudhuri and Ray, 2017). Lipid peroxidation products such as MDA can bind to DNA and proteins (Parkhey et al., 2012). The increase in free radicals can lead to the synthesis of more MDA as a marker of cell membrane lipid peroxidation (Gaweł et al., 2004; Sharma et al., 2014; Hassan and Mansoor, 2014). Researchers have recently documented an increase in MDA levels in arsenic-induced peroxidation reactions of lipids (Raychaudhuri and Ray, 2017; Singh et al., 2018). A high level of lipid peroxidation (high levels of...
Table 1. Effect of different concentrations of arsenic solutions (As^3+, As^5+ and As^7+) on the content of protein and activity of SOD, POD, CAT and APX in roots and shoots of alfalfa.

<table>
<thead>
<tr>
<th>Compound</th>
<th>Treatment (µM)</th>
<th>Protein (mg g^{-1} FW)</th>
<th>Enzymatic antioxidants (Unit mg^{-1} Protein)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Root</td>
<td>Shoot</td>
</tr>
<tr>
<td>Arsenic (As^3+)</td>
<td>0</td>
<td>1.55±0.09</td>
<td>2.11±0.01</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>1.75±0.01</td>
<td>3.52±0.18</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>1.72±0.03</td>
<td>2.85±0.04</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>1.43±0.02</td>
<td>3.78±0.52</td>
</tr>
<tr>
<td>AsO_3^2- (As^5+)</td>
<td>0</td>
<td>1.55±0.09</td>
<td>2.11±0.01</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>2.02±0.14</td>
<td>3.36±0.19</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>1.42±0.07</td>
<td>2.53±0.20</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>4.03±0.30</td>
<td>3.78±0.30</td>
</tr>
<tr>
<td>Sodium Arsenate (As^7+)</td>
<td>0</td>
<td>1.55±0.09</td>
<td>2.11±0.01</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>1.36±0.18</td>
<td>2.55±0.04</td>
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<tr>
<td></td>
<td>200</td>
<td>2.56±0.46</td>
<td>2.55±0.11</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>1.65±0.20</td>
<td>2.43±0.12</td>
</tr>
</tbody>
</table>

The data represent mean ± SD, (n=3). Different letters in each column show significant differences at P≤0.05 according to the Tukey test.

Continue of table 1.

<table>
<thead>
<tr>
<th>Compound</th>
<th>Treatment (µM)</th>
<th>CAT</th>
<th>Shoot</th>
<th>APX</th>
<th>Shoot</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
<td>Root</td>
<td>Shoot</td>
<td>Root</td>
<td>Shoot</td>
</tr>
<tr>
<td>Arsenic (As^3+)</td>
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<td>0.49±0.01</td>
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<tr>
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<td>0.57±0.05</td>
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<td>Sodium Arsenate (As^7+)</td>
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<td>300</td>
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<td>1.09±0.06</td>
<td>5.46±0.47</td>
<td>3.18±0.03</td>
</tr>
</tbody>
</table>

The data represent mean ± SD, (n=3). Different letters in each column show significant differences at P≤0.05 according to the Tukey test.

H_2O_2 and MDA, induced by arsenic stress, has already been reported for various plant species (Raychaudhuri and Ray, 2017; Srivastava et al., 2015; Singh et al., 2007 and 2018; Stoeva and Bineva, 2003), which is consistent with some results of the present study, especially those related to the treatment of 300 µM As^3+. Maksymiec and Krupa (2006) reported the increased H_2O_2 level under Cd and Cu stress in Arabidopsis thaliana and mainly related to the activity of NADPH oxidase and induction of jasmonate signaling pathways. This implies a higher toxicity of arsenite than arsenate and arsenic. Decreasing of MDA content in 200 µM As^3+ of root samples, can be attributed to the better performance of the root antioxidant system. High level of H_2O_2 may be due to the direct function of these arsenic compounds or to the disturbance of the function of antioxidant enzymes which is responsible for the H_2O_2 removing. Increased MDA content at high rates of As treatments, could be related to the expressing As-induced genes that results in production of peroxidase enzymes such as alpha-dioxygenase and lipoxigenase. Reportedly, high activity of lipoxigenase led to peroxidation of cell membrane fatty acids and caused membrane damage (Molassiotis et al., 2006; Singh et al., 2007).

Metalloids like arsenic activate sensitive signaling pathways of oxidative stress and cause cellular damages by inducing oxidative stress and producing excessive free radicals (Raychaudhuri and Ray, 2017). DPPH is a free radical that is used to determine the ability of plants to scavenge free radicals (Sakanaka et al., 2005). Plants exposed to oxidative stress use an antioxidant system (enzymatic and non-enzymatic) to counteract the negative effects of free radicals (Michalak, 2006). Free radical scavenging activity was only observed at lower rates of As^5+ in the shoots. While at the most rates of treatments in roots, this activity was descended. It seems, since root is the first site that interacts with this toxic element, thus it was more affected and lower free radical scavenging activity in this organ could be attributed to the poor performance of its antioxidant system. Overall, it can be concluded
Table 2. Effect of different concentrations of arsenic solutions (As\textsuperscript{0}, As\textsuperscript{3+} and As\textsuperscript{5+}) on the level of total phenol, total flavonoid and anthocyanin content in roots and shoots of alfalfa

<table>
<thead>
<tr>
<th>Compound</th>
<th>Treatment (µM)</th>
<th>Root (mg g\textsuperscript{-1} FW)</th>
<th>Shoot (mg g\textsuperscript{-1} FW)</th>
<th>Root (mg g\textsuperscript{-1} FW)</th>
<th>Shoot (mg g\textsuperscript{-1} FW)</th>
<th>Anthocyanin (mg g\textsuperscript{-1} FW)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arsenic (As\textsuperscript{3+})</td>
<td>0</td>
<td>2.34±0.07 \textsuperscript{c}</td>
<td>3.76±0.13 \textsuperscript{c}</td>
<td>0.451±12.59 \textsuperscript{bc}</td>
<td>1.40±0.06 \textsuperscript{bde}</td>
<td>1.04±0.01 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>2.77±0.24 \textsuperscript{bc}</td>
<td>3.98±0.12 \textsuperscript{abc}</td>
<td>0.579±26.52 \textsuperscript{bc}</td>
<td>1.31±0.02 \textsuperscript{cde}</td>
<td>0.93±0.07 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>3.13±0.14 \textsuperscript{b}</td>
<td>3.82±0.04 \textsuperscript{bc}</td>
<td>0.543±11.13 \textsuperscript{abc}</td>
<td>1.49±0.09 \textsuperscript{bcde}</td>
<td>0.75±0.04 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>2.63±0.29 \textsuperscript{bc}</td>
<td>4.20±0.40 \textsuperscript{abc}</td>
<td>0.456±15.07 \textsuperscript{de}</td>
<td>1.26±0.03 \textsuperscript{de}</td>
<td>1.99±0.10 \textsuperscript{a}</td>
</tr>
<tr>
<td>As\textsubscript{2}O\textsubscript{3} (As\textsuperscript{5+})</td>
<td>0</td>
<td>2.34±0.07 \textsuperscript{c}</td>
<td>3.76±0.13 \textsuperscript{c}</td>
<td>0.451±12.59 \textsuperscript{bc}</td>
<td>1.40±0.06 \textsuperscript{bde}</td>
<td>1.04±0.01 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>2.62±0.13 \textsuperscript{bc}</td>
<td>3.73±0.03 \textsuperscript{c}</td>
<td>0.492±18.02 \textsuperscript{ad}</td>
<td>1.56±0.06 \textsuperscript{abc}</td>
<td>0.96±0.04 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>2.84±0.07 \textsuperscript{bc}</td>
<td>4.21±0.23 \textsuperscript{abc}</td>
<td>0.412±9.01 \textsuperscript{e}</td>
<td>1.29±0.07 \textsuperscript{cde}</td>
<td>1.02±0.06 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>4.07±0.20 \textsuperscript{a}</td>
<td>4.43±0.20 \textsuperscript{a}</td>
<td>0.582±8.50 \textsuperscript{f}</td>
<td>1.20±0.08 \textsuperscript{f}</td>
<td>2.13±0.24 \textsuperscript{a}</td>
</tr>
<tr>
<td>Arsenate Sodium (As\textsuperscript{3+})</td>
<td>0</td>
<td>2.34±0.07 \textsuperscript{c}</td>
<td>3.76±0.13 \textsuperscript{c}</td>
<td>0.451±12.59 \textsuperscript{bc}</td>
<td>1.40±0.06 \textsuperscript{bde}</td>
<td>1.04±0.01 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>2.58±0.25 \textsuperscript{c}</td>
<td>3.79±0.17 \textsuperscript{c}</td>
<td>0.542±3.18 \textsuperscript{abc}</td>
<td>1.58±0.09 \textsuperscript{abc}</td>
<td>0.94±0.10 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>200</td>
<td>2.59±0.04 \textsuperscript{bc}</td>
<td>3.65±0.10 \textsuperscript{c}</td>
<td>0.583±25.12 \textsuperscript{a}</td>
<td>1.73±0.14 \textsuperscript{a}</td>
<td>0.73±0.02 \textsuperscript{b}</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>2.84±0.17 \textsuperscript{bc}</td>
<td>4.39±0.07 \textsuperscript{ab}</td>
<td>0.573±30.13 \textsuperscript{b}</td>
<td>1.26±0.13 \textsuperscript{ab}</td>
<td>1.97±0.15 \textsuperscript{a}</td>
</tr>
</tbody>
</table>

The data represent mean± SD, (n=3). Different letter in each column show significant differences at P≤0.05 according to the Tukey test.

that all of three forms, induce oxidative stress, that which As\textsuperscript{3+} (300 µM) was more toxic than the other two forms. This may be associated with the activity of antioxidant mechanisms, excessive synthesis of phenol compounds, and/or less toxicity of As\textsuperscript{3+} at lower dosages. Some researchers such as Tiwari and Sarangi (2017), Ryachaudhuri and Ray (2017) have reported a positive antioxidant response in *Petris vittata* L. and *Momordica charantia* L., respectively.

In the present study, we observed different responses in antioxidant enzymes activities at different concentrations of the used compounds. The SOD activity, except for in the root treatment of 300 µM As\textsuperscript{0} versus the control, was decreased in all treatments. SOD is a key enzyme in the defensive system of living organisms, which counteracts reactive oxygen species (ROS) by converting superoxide radicals into hydrogen peroxide. So, it is perceived as a major marker of the antioxidant efficiency. Its high activity may be associated with the excessive expression of the SOD gene and/or the excessive synthesis of O\textsubscript{2} radicals induced by arsenic (Shahid et al., 2018; Sayantan, 2017). In addition, Souri et al. (2017), reported the high activity of this enzyme in *Isatis cappadosica*. It seems that the over-toxicity of As\textsuperscript{3+}, which leads to the death of the treated cells, is related to enzyme damage and/or the suppression of enzymes involved in the biosynthesis path of this enzyme. Despite of high level of H\textsubscript{2}O\textsubscript{2}, especially at high rates of root treatments, CAT activity had a descending trend in all root treatments, that might be ascribed to inactivation and/or inhibition of synthesis of this enzyme by excesses generated ROS. The activity of this enzyme was increased in the most treatments of shoot. Likewise, Souri et al. (2017) reported the increased activity of CAT along with the less SOD activity. It has been established that CAT scavenges H\textsubscript{2}O\textsubscript{2} that is produced by the oxidation of fatty acids and the photorespiration in peroxisomes (Karuppanapandian et al., 2011). The effect of arsenic on CAT activity varies with the type and dosage of arsenic (Mallick and Mohn, 2000). The APX activity differed among the treatments. CAT and APX both decompose H\textsubscript{2}O\textsubscript{2} into water molecules. Both enzymes scavenge the surplus ROS synthesized in cells. The vital role of APX in mitigating the harmful effects of H\textsubscript{2}O\textsubscript{2} that is produced under arsenic exposure, has been well proven (Singh et al., 2017; Saidi et al., 2017; Dave et al., 2013). The H\textsubscript{2}O\textsubscript{2} content of apoplast, cytoplasm, and organelles are detoxified with cytosolic APX. APX as a signaling molecule, along with CAT, plays a significant role in controlling the ROS levels (Mittler, 2002; Singh et al., 2017; Kumar et al., 2015). By occurring in cytosol and chloroplast, this enzyme acts as a part of the glutathione-ascorbate cycle and uses two molecules of ascorbate to reduce H\textsubscript{2}O\textsubscript{2} into one molecule of water and two molecules of monodehydroascorbate (Rai et al., 2013). In this study, the POD activity was varied in different treatments, so that most shoot treatments showed declined activity of this enzyme. At the same time, in several shoot treatments, CAT had increased activity that it can be concluded that with CAT activity and reduction levels of free radicals, there was no need for high POD activity. Generally, negative changes in the activity of antioxidant enzymes in arsenic-affected alfalfa plant, may have various reasons such as the structural damage to the these enzymes, the reduced expression of the genes related to these enzymes and/or the disruption in the uptake of nutrients that are key to
the structure and performance of these enzymes, such as Cu, Mn and Fe, as constituents of the SOD, as well as Fe as constituent of POD and CAT. Some studies have indicated that these elements deficiency causes a remarkable reduction in these enzymes activity (Leao et al., 2014). Many researchers have reported the escalated activity of these enzymes with the increase in arsenic dosage in some plant species (Singh et al., 2017; Saidi et al., 2017; Hasanuzzaman et al., 2017). Their findings were partially consistent with our results.

We found out that total phenol, flavonoid and anthocyanin content in the root and shoot samples with high rates of treatments, had positive changes. Non-enzymatic antioxidants such as phenolic compounds were considered effective antioxidants because of their redox properties. They act as reducing factors, i.e., free radical scavenger, hydrogen donors, singlet oxygen extinction agent, and metal chelators (Raychaudhuri and Ray, 2017). Some of these compounds, such as flavonoids, are bound to the hydrophilic end of membrane phospholipids by hydrogen bonds and are stored on the outer and inner surface of the cell membrane (Toyama et al., 2008). According to Lavid et al. (2001), when plants are exposed to heavy metal stresses, the increase in phenolic compounds results in the enhanced activity of enzymes involved in the metabolism of these compounds, which can be attributed to their de novo synthesis. Flavonoids are organic molecules that act as compounds with antioxidant activity and protect plants from various stresses alone or through attaching to peroxidase (Jaakola et al., 2004; Mika et al., 2004).

Conclusion
The results showed that under different types of inorganic arsenic stress, alfalfa (Medicago sativa L.) became the tolerant of oxidative stress induced by excess ROS synthesis, especially at high rates, which altered its biochemical properties such as the ability of free radical scavenging, lipid peroxidation, the activity of antioxidant enzymes such as SOD, POD, CAT and APX and non-enzymatic antioxidant contents such as total phenol, total flavonoids, and anthocyanin. In general, according to the results, it can be concluded that, out of the three types of mineral arsenic used in this research, arsenite (As³⁺) had a more negative effect on the alfalfa plant, especially at higher rates, that indicates the chemical state of As compounds affects on their toxicity in plants. It seems that this plant species has a moderate antioxidant potential that could partially counteracted the stress by altering the activity of the antioxidant system through various mechanisms. It is important that more studies on metabolism of antioxidant system are needed to obtain a better understanding of As-induced stress in this plant. Further, our results are based on laboratory conditions. Field studies also is recommended. This could be our future research.

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References
An assessment of oxidative stress and antioxidant defense mechanisms


An assessment of oxidative stress and antioxidant... 


